



CAPITOL COMMISSION™

Handling Personal Rejection

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Have you ever felt the deep inner pain of rejection?

My last name comes from my third dad. I was eight years old when my mom, whose two previous marriages were destroyed by outside family members, married "Buff". A year later, I was a Witherington. I remember telling my new grandparents as we drove away from the wedding ceremony, "I feel like a new person!"

Being chosen and being loved is a wonderful thing!

Too many of us reading these words have experienced the tremendous pain of rejection from a parent, spouse or significant other person in our lives that have left a gaping, unhealed wound. But, we're tough. We keep fighting and we move on.

But the pain lingers.

Isn't it time to get some permanent relief?

- **You are not a cosmic accident!** The Bible says that God Himself took personal time and interest in forming you specifically. "For you created my inmost being; you knit me together in my mother's womb." (Psalm 139:13).
- **You are not God's little "mistake"**. God didn't take time to create you and then at your birth look at you and say, "Oops!" Psalm 139, verse 14 says that you are wonderfully made. As one famous entertainer said, "God don't make no junk!"
- **You have been hand-picked by God to be His child.** "For he chose us in him before the creation of the world to be holy and blameless in his sight. In love he predestined us to be adopted as his sons (and daughters) through Jesus Christ in accordance to his will." Ephesians 1:4-5.
- **You are loved more than you can imagine.** "But God demonstrates his own love for us in this: While we were still sinners, (God's enemies) Christ died for us." Romans 5:8.
- **God promises NEVER TO REJECT YOU!** Once you have received Christ as your Savior and Lord (John 1:12 – but to as many who received him, *to them* he gave the power to become children of God), God says, "Never will I leave you; Never will I forsake you." Hebrews 13:5.
- **You are accepted by God as you are.** "For God did not send his Son into the world to condemn the world, but to save the world through him." John 3:17.
- **God desires to give you an AWESOME life!** The Bible says, "I have come that they might have life, and have it abundantly." John 10:10.

So, you were created, chosen, hand-picked, loved, accepted and given the opportunity for a whole new life. What are you waiting for?

*Capitol Commission Minnesota is a non-partisan, non-political pastoral ministry to the political leaders, their families, their staffs and their political networks in the State of Minnesota. Dale Witherington is the State Director and can be reached at 651.785.3647 and at dale.witherington@capitolcom.org. Visit us on the web at www.capitolcom.org.